

Campout: _____ Date: _____ Shopper: _____

Patrol Name: _____ Patrol Leader: _____

Scouts			

Adults			

	Cooking	Cleaning	Fire/Water
Dinner			
Breakfast			
Lunch			
Dinner			
Breakfast			

Scout Tent Partners	Troop or Personal
1A	
1B	
2A	
2B	
3A	
3B	
4A	
4B	

	Dinner (Friday)
Meal	
Sides	
Drink	
Dessert	

	Breakfast (Saturday)
Meal	
Sides	
Drink	

	Lunch (Saturday)
Meal	
Sides	
Drink	

	Dinner (Saturday)
Meal	
Sides	
Drink	
Dessert	

	Breakfast (Sunday)
Meal	
Sides	
Drink	

ASPL Signature: _____ Trip Captain Initials: _____

BRING THIS SHEET TO THE CAMPOUT

TROOP 370
MENU PLANNING SUGGESTIONS
See the Troop 370 Recipe Book for Additional Ideas and Detail

“BP” Designates Meals Appropriate for Backpacking

<p style="text-align: center;">Breakfast Main Courses</p> <p>Eggs – Scrambled, Fried, Poached Omelets with filling: In a pan or a bag Pancakes or Waffles (with syrup, fruit, sugar) French Toast with toppings Dutch Oven Biscuits or Cinnamon Rolls Sausage Gravy Oatmeal, Cream of Wheat or Grits</p>	<p style="text-align: center;">Dinner/Lunch Main Courses</p> <p>Hot Dogs wrapped with a biscuit Quesadillas or Fajitas; Hamburger Helper Pasta with sauce and chicken or pork Grilled Meats; Beef or Fish Kabobs Dutch Oven Ideas: Chili; pizza casserole; shepherd’s pie; beef stroganoff; pork chops and potatoes; layered taco pie; enchiladas</p>
<p style="text-align: center;">Side Items for Breakfast</p> <p>Fruit – Apples, Oranges, Bananas, Melon Sausage Links or Patties; Bacon Pop Tarts, Donuts, Muffins Hash Brown/Diced Potatoes (consider adding cheese, peppers, onions, sausage, etc.) Yogurt and Granola Cornbread</p>	<p style="text-align: center;">Side Items for Lunch and Dinner</p> <p>Potatoes: Baked, Scalloped, Mashed, Boiled Veggies – Green Beans, Corn, Broccoli Zucchini, Asparagus French Bread, Biscuits, Rolls, Texas Toast Cornbread Pasta with Sauce; Mac & Cheese Salad; Cheese and Crackers</p>
<p style="text-align: center;">Limited Preparation Time Lunches</p> <p>Sandwiches or Subs: Ham, Turkey, Roast Beef, Chicken Breast; PB&J; Chicken Salad; Tuna Salad; Cheese, Lettuce, Tomato, Peppers Pretzels, Chips, Fritos, Pita Chips, Hummus Cheese Dip, Salsa Hot Dogs, Bratwurst or Sausages on a Bun (with cheese, ketchup, mustard, mayo) Soup – Chicken Noodle; Beef, Ramen Noodles Crackers with Cheese and Sausage</p>	<p style="text-align: center;">Desserts and Snacks</p> <p>Banana Pudding with Vanilla Wafers Chocolate Cream Pie Dutch Oven Cobblers and Cakes S’mores (Marshmallows, Chocolate, Crackers) Tin Foil Desserts (Single Servings) : Pineapple Upside Down Cake, Apple turnover; banana splits; marshmallow filled peach; anything in a mini pie crust/tin.</p>

TROOP 370 PATROL SHOPPER REIMBURSEMENT GUIDELINES AND REQUEST FORM

The Patrol Method. Troop 370 uses the “patrol method” for its monthly campouts. Generally, this means that the Scouts who are going on the campout will form into “cooking patrols” of 4-8 Scouts. Each cooking patrol plans its own menu for the weekend and will prepare its own meals. The cooking patrol is also responsible for purchasing the food, bringing the cooking gear and utensils, and cleaning up after its meals.

The Grocery List. As part of the campout and meal planning process, the cooking patrol will create a grocery list, which includes estimated costs of the various items, and selects one of the Scouts to be the “Patrol Shopper”. The Patrol Shopper is responsible for purchasing all of the food for the cooking patrol and bringing it to the campout. Attached for reference purposes is a copy of a blank Grocery List. The completed list should also include a budget on a “per person” basis, which is provided to the patrols before each campout. The budget for a typical campout (one lunch, dinner, dessert, and breakfast) will usually be \$12.00 per person. Please note that the Troop provides cooking fuel and the “Patrol Staples” (e.g., paper towels, cooking oil, dish soap, foil, salt and pepper, trash bags, sponge, etc.), so the Patrol Shopper will not need to purchase those items. The Troop also has a strict rule against purchasing bottled water for campouts. There is always a water source at the campout, and bottled water is heavy and cumbersome to transport.

The Grocery Store. The Troop (and your Scout) understands that few Scouts can actually go to the grocery store and purchase the groceries without the assistance and guidance of one of their parents or an older sibling. However, it is important that the Patrol Shopper be part of the shopping process. It is also important that the Patrol Shopper and his responsible shopping assistant respect the budget and respect the meal selections and grocery list collectively prepared by the cooking patrol. Although it is certainly acceptable to purchase items inadvertently left off the list (e.g., a bottle of syrup when the patrol is planning to prepare pancakes), please refrain from substituting items or supplementing the food choices made by the patrol. After purchasing the food, the Patrol Shopper should prepare the food for transport to the campout, including placing items that require refrigeration in a cooler (the Troop has several coolers for this purpose) and placing the dry goods in a sturdy box that can survive the trip to the campout.

Camping Fees and Food Costs. The Troop collects a camping fee from each Scout for each campout, and a portion of those fees are allocated to reimburse the Patrol Shoppers for the costs of the cooking patrols’ food. The Troop has determined that this is a more manageable solution than having individual Scouts pay the food costs to the Patrol Shopper prior to the campout and then reconciling the costs thereafter. As you might expect, the Troop has established certain guidelines for the reimbursement of grocery costs.

Reimbursement Guidelines and Request Form. In order to receive reimbursement for the grocery costs, the Patrol Shopper will need to submit to the Troop Treasurer (or the Trip Captain) the following items: (i) a copy of this sheet with the information completed below, (ii) a copy of the grocery list **with the “Actual Cost” column completed** (if the Patrol Shopper purchased additional items not on the initial list, simply add those items to the list and complete the “Actual Cost” column), and (iii) the original or a copy of the grocery receipts. All items to be reimbursed should be on the grocery list. As indicated above, the Troop will not reimburse for Patrol Staples or for bottled water. Although we want the cooking patrols and the Patrol Shopper to respect the campout budget, do not worry if the actual costs are a little more; budgeting is a learning process for the Scouts, and the Troop will reimburse the Patrol Shopper for all reasonable costs. Do not bring the reimbursement request to the campout. Please submit the request to the Troop Treasurer or the Trip Captain at a Wednesday night meeting or by email.

PATROL SHOPPER REIMBURSEMENT REQUEST FORM

CAMPOUT: _____

PATROL: _____

NUMBER OF CAMPERS (SCOUTS & ADULTS) IN COOKING PATROL: _____

AMOUNT TO BE REIMBURSED: \$ _____

AVERAGE COST PER PERSON: \$ _____

REIMUSEMENT CHECK SHOULD BE MADE PAYABLE TO WHOM?: _____

REMEMBER TO ATTACH RECEIPTS AND GROCERY LIST WITH THE “ACTUAL COST” COLLUMN COMPLETED

Patrol: _____ Patrol Leader: _____

PATROL GEAR CHECKOUT LIST
PATROL GEAR FROM THE QUARTERMASTER

QM Initial	Requested by Patrol	Item	Quantity (1 if left blank)
✓	✓	<i>Example</i>	<i>1</i>
		Tent (2-Man) # _____ # _____ # _____	
		Tent (Large) # _____ # _____ # _____	
		Ground Cloth	
		Backpack # _____ # _____ # _____	
		Patrol Box (Name: _____)	
		Coleman Stove	
		Backpacking Stove	
		Fuel Bottle	
		Extra-Large Pot (8 Quart)	
		Large Pot (6 Quart)	
		Small Pot (4 Quart)	
		Coffee Pot (2 Quart)	
		Cast Iron Skillet	
		Frying Pot	
		Dutch Oven	
		Large Spoon	
		Spatula	
		Kitchen Knife	
		Dining Fly	
		Water Purifying Pump	
		Water Purification Tablets	
		First Aid Kit	

PATROL SUPPLIES – PATROL STAPLES

✓ If Needed	Item	QM Initial
	Matches/Lighter	
	Dish Soap	
	Paper Towels	
	Cooking Oil	
	Salt and Pepper	
	Aluminum Foil	
	Sponge/Scrubber	
	Trash Bags – Ziploc Bags if Backpacking	
	Can Opener	

